Decisions on how to set limits and what limits to set must be made in all healthcare systems, explicitly or implicitly, efficiently or inefficiently, fairly or unfairly.

This thesis explores the delicate matter of finding justifiable grounds for saying no in the context of health care, which will be achieved by focusing on four core conceptual themes: individual responsibility, paternalism, incentives, and inequality.

Four papers form the foundation for the thesis:
II. Discounting, Preferences, and Paternalism in Cost-Effectiveness Analysis. (G. Tinghög)
IV. Horizontal Inequality When Rationing by Waiting Lists. (G. Tinghög, D. Andersson, P. Tinghög, and C. H. Lyttkens)
The Art of Saying No
The Economics and Ethics of Healthcare Rationing

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